[™]Journey to Enlightenment Tarot

A New Tarot for Alchemical Transformation

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BIRTH OF *THE*JOURNEY TO ENLIGHTENMENT TAROT

The Journey to Enlightenment Tarot was born from the challenges I've experienced in my life thus far. For many years, I didn't understand why situations kept happening; why I felt the way I did or why I struggled to get out of the shadows. I often questioned what was wrong with me.

The answers eluded me until I turned to tarot and delved deep into the meaning of the cards. I immediately found a connection, I listened to what the cards had to say, and they showed me how to shine a light on the problem and blocks. Working with tarot brought self-understanding and helped me identify the treasure within – which until that point had been covered up with negative feelings. I also learned how my beliefs, preconceived ideas and self-harming emotions led me even further into the shadows. From there, I began to understand why the same situations kept repeating. Through the messages of the cards, I was able to find the way



THE MAJOR ARCANA

The Major Arcana cards indicate life-changing events which will have long-term influence and serve as valuable lessons. Take notice of these lessons to progress further in your spiritual and personal adventure and quest. If reversed, it may be that you are not noticing the messages of spiritual awareness and deep insight from your subconscious.



0. The Fool

KEYWORDS: NEW BEGINNINGS, ADVENTURE, MINDFUL

The Fool signifies a better situation, a new beginning or pathway is on the horizon,

and you can embrace this change with confidence. Now it is time to harness all your knowledge and to move forward with confidence and optimism. But the Fool can literally mean fool too, so you may wish to look at your behaviour and ask, "Where am I acting foolishly?" Do you have an excess of "fool" energy? Are you neglecting self-care, not imposing any limits – drinking or partying too much? There is a difference between the spontaneous and adventurous and being downright foolish, so look before you leap!

JOURNEY TO ENLIGHTENMENT

Don't let the fear of change stop you from taking this first step. Try being more mindful, and feel the excitement and intrigue of change rather than fear. The universe has your back, and you'll see the signs you are being led if you look for them. Perhaps your attention is drawn to an advert on social media, a message on the radio or your friend may mention something. The Fool reminds you to follow your heart, your passion and have faith that the universe is leading you to achieve all your potential – spiritual and personal.



1. The Magician

KEYWORDS: POWERFUL, MINDSET, ACTION

With a cloak woven of the lessons learned and wisdom gained from life's mysteries,

the Magician indicates you can make magic happen in all areas where you focus your attention. Wherever you shine, your light will bring success and limitless possibilities.

You have the power within you and have been given the talents to create success from wherever and on whatever you place your focus. Apply the skills you have learned to achieve goals and find creative ways to solve any issues. The Magician, the magical force inside you, is a good omen that you can manifest your dreams, so don't ignore this omen. Set your intention and follow-through with determination, knowing you are creating the future that you want and deserve.

JOURNEY TO ENLIGHTENMENT

Understanding universal energy can help you tap into this power, so become more aware of yourself as an energetic being and notice that where your attention goes, energy follows. Be careful to focus on positive things you want to grow rather than problems. Once you realize you have the power to create your future by directing your attention and energy, you can then pick and choose what grows and develops in your life.

«30» 0. The Fool 1. The Magician «31»



Suit of Cups

This suit relates to emotions: romance, falling in love, nurturing, compassion, family and relationships. It can also mean dreams, imagination, desires, the flow of energy and intuition. This suit relates to water energy: passive and flowing energy. Although don't let that fool you as water can also be turbulent and powerful if directed.

TIMING GUIDANCE: MONTHS, AUTUMN



Ace of Cups

KEYWORDS: GIFTS, SELF-LOVE, ROMANCE

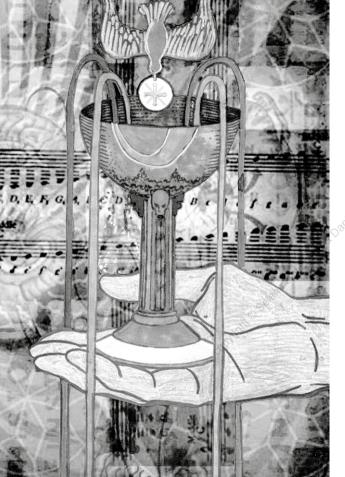
The Ace is the start of something magical — a gift of light, meeting and spiritual

awakening. You are ready to open up to a more profound love and trust, allowing you to begin a new phase of love and the start of a loving, meaningful relationship.

The Aces are read as a "yes" card if that answers the question. This card is all about beginnings, as it ignites sparks of abundance, of love and peace. It's time to give and receive love, believe in the Law of Attraction and know that your emotional wants and needs will be satisfied. As you feel happier and more at peace and "in love", your vibrational energy changes, and others around you react to it. In turn, the atmosphere around you changes, bringing in a more peaceful life, giving out and receiving more love.

JOURNEY TO ENLIGHTENMENT

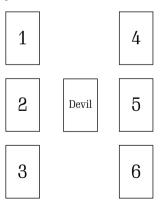
Spend more time loving yourself rather than giving it all away to others. You, perhaps, have been putting yourself last for too long and ignoring your own needs and desires. Self-love starts with speaking kindly to yourself, so watch how you talk to yourself. You might find it helpful, in the beginning, to take regular pauses and listen in to your self-talk. You may also want to spend some time alone, without doing or thinking



A SAMPLE SPREAD

A client came for a reading wanting some insight and guidance on what was stopping her from achieving her dream of working as a councillor. She felt stuck and didn't know why. I used the spread around the Devil to discover what lies in the shadow, rooted in the subconscious. Here we may find thoughts we don't know about that may trap us – fears, addictions, and other beliefs that hold us back are revealed.

Haid the Devil in the middle of the table and asked the question in my mind: "What lies in the shadows that is holding her back from achieving what she wants in life?" I then chose six cards and placed them, as shown below.



A Sample Spread «141»

